

# EDUC F-PHYSICAL EDUCATION (EDF)

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**EDF 550 Hlth, Nutr, & PE/Clstrm Tchrs 2 Credit Hours**

Instruction and participation in health, nutrition and physical education concepts and principles as they relate to elementary school curriculum. The six-dimensional model of wellness will be applied to meet legislative goals and objectives for the various grade levels. Required for elementary education majors.

**Restriction(s):**

Can enroll if Class is Graduate

**EDF 555 Principles of Coaching 2 Credit Hours**

Introduction in the basic principles and psychology of coaching all age groups, skill levels, and genders. Emphasis will be placed on many factors which relate to success in athletics/sports, the qualities and qualifications of coaches, and the administration of programs and organized practices. Students cannot receive credit for both EDF 455 and EDF 555. (YR)

**Restriction(s):**

Can enroll if Class is Graduate

\*An asterisk denotes that a course may be taken concurrently.

**Frequency of Offering**

The following abbreviations are used to denote the frequency of offering:

(F) fall term; (W) winter term; (S) summer term; (F, W) fall and winter terms; (YR) once a year; (AY) alternating years; (OC) offered occasionally