

FOOD STUDIES

The Food Studies Certificate prepares students to live and work in a world where food is central to human health and well-being, cultural identity, public policy, and ecological sustainability. The interdisciplinary field of food studies has emerged to provide richer and more complex understandings of the role of food in our society. Food is a powerful theme given that much of our lives are structured in and around obtaining, preparing and sharing food with family, friends and community. It also serves as an ideal focal point to demonstrate the deep connections and intersections between local and global forces, economic and social inequalities, race and gender, climate change and environmental sustainability, personal and public health, violent conflicts, and technology.

Our UM-Dearborn faculty, students and community partners are well poised to contribute to and engage with these issues because many of our students and their communities experience food insecurity and food-related health problems. This certificate will benefit students who plan to do graduate work or careers that will focus on the environmental, political, or health related problems of food production, distribution, or consumption. Students and community members from all disciplines and fields are welcome.

Students who complete the Certificate in Food Studies should expect to achieve the following:

1. Gain familiarity with the major concepts of Food Studies as an emerging multi-disciplinary area of study
2. Develop the skills to critically evaluate the ability of food systems to achieve goals of food security, health and wellness, environmental sustainability, and equity.
3. Integrate theory and practice from across the disciplines to address complex problems in food systems.
4. Ability to apply theory to practice through research, creative production, and/or community engagement/advocacy.

The Interdisciplinary Perspectives on Food, Culture and Society Certificate can complement your major, or it can be taken on its own as a stand-alone post-baccalaureate credential.

Certificate Requirements

Code	Title	Credit Hours
Option 1		12-13
Minimum of 12 credit hours from the following:		
ANTH 270	Anthropology of Food	
ANTH 415	Nutrition and Health	
BCHM 485	Nutrition and Metabolism	
HHS 435	Obesity and the Lifecourse	
LIBS 351	Critical Food Studies	
POL 467	Food Politics and Policy	
Option 2		12-13
Core Course		4
LIBS 351	Critical Food Studies	
Minimum of 4 credit hours from the following food-dominant courses:		4-6

ANTH 270	Anthropology of Food
ANTH 415	Nutrition and Health
BCHM 485	Nutrition and Metabolism
HHS 435	Obesity and the Lifecourse
POL 467	Food Politics and Policy
Maximum of 4 credit hours from the following food-holistic courses:	
ANTH 430	Medical Anthropology
ANTH 495	Anthropology Capstone: Contemporary Issues in Anthropology
HHS 330	Health Behavior Theory
PHIL 312	Environmental Ethics
SOC 350	Poverty and Inequality
Total credits:	12-13

Notes

1. No more than one course may be taken pass/fail.
2. A minimum GPA of 2.5 is required to earn the certificate.
3. A maximum of 3 transfer credits allowed by Petition to count towards Certificate Option 2 food-holistic courses category.